



WELCOME PACKET

Welcome to My Food Program!

Thank you for using My Food Program to manage the USDA Child and Adult Care Food Program. We want to make this transition as easy as possible for you. We understand that you are busy and importing data can be a struggle. We are here to help! Complete this packet with your data, return it to us and we will be happy to enter it for you. Then you will be ready to start using My Food Program to successfully process your CACFP claims.

There are three ways to receive and return the Welcome Packet. Please choose the one that works best for you:

- Fill Out PDF Online
- Download PDF and Fill Out by Hand
- Printed Packet (via mail)

All of these methods will work to get you setup in My Food Program, but keep in mind that the fastest way is filling out the PDF online.

If at any time you have questions, please don't hesitate to contact us. There are many ways to get in touch, including:

Email: info@myfoodprogram.com

Phone: 651-433-7345

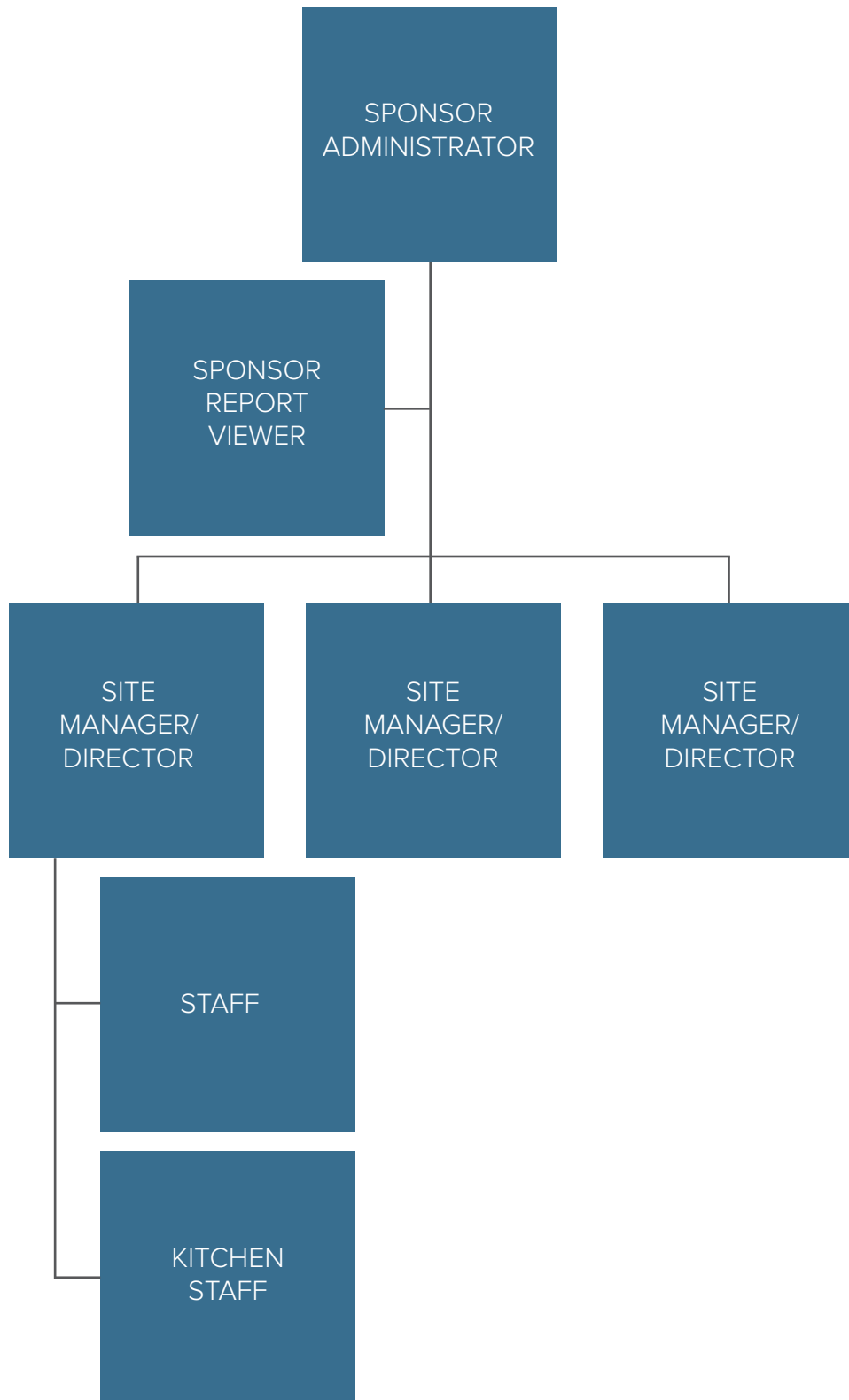
Website: <https://www.myfoodprogram.com/contact-us/>

Thank you again for choosing My Food Program.

Let's get started!

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Note: Complete site data, employees, participants & rosters, menus and favorite foods for each of your sites. You will need to make copies of these forms for each site. This data will be kept secured and can be deleted after 30 days if requested.



MY FOOD PROGRAM FUNCTION	OWNER/ SPONSOR ADMINS	OWNER/ SPONSOR REPORTS	SITE ADMIN/ DIRECTOR	SITE STAFF	SITE KITCHEN STAFF
Add/Delete/Edit/Remove Sites	✓				
Add and Remove Admin Users	✓				
Edit Sponsor Setup Information	✓				
Add/Delete/Edit Admin Principals	✓				
Add/Delete/Edit Organization Licensing Age Ranges	✓	✓			
View Claims	✓	✓	✓		
Edit Claims	✓		✓		
View Reports	✓	✓	✓		
Add/Delete/Edit Site Staff	✓		✓		
Plan Menus	✓		✓		✓
Generate Food Productions Records	✓		✓		✓
Record Attendance	✓		✓	✓	✓
Record Meal Counts	✓		✓	✓	✓
View Participants and Rosters	✓		✓	✓	
Delete/Edit Participants and Rosters	✓		✓	✓	
View Site Details	✓		✓		
Delete/Edit Site Details	✓				
View Expenses	✓		✓		
Add/Edit Expenses	✓		✓		
Submit a Claim	✓		✓		
View a Claim	✓		✓		
Edit a Submitted Claim	✓				

Please complete the information below for the SPONSOR.

Sponsor Address

Business Name: _____
 Street: _____
 City: _____ State: _____ Zip: _____

If you have more than 5 admins, reporters or age ranges please attach additional details on a separate sheet.

Sponsor Admins (review the Permissions Matrix on page 4 to see which level is appropriate)

All passwords need to be 12-24 characters. No other requirements.

Name	Username	Password	Email	Phone

Sponsor Reporters (review the Permissions Matrix on page 4 to see which level is appropriate)

All passwords need to be 12-24 characters. No other requirements.

Name	Username	Password	Email	Phone

Age Ranges (used in your state to determine licensed capacity)

Group Name	Start Age	Time Period (weeks/months/years)	End Age	Time Period (weeks/months/years)
<i>i.e.: Infants</i>	6	<i>weeks</i>	18	<i>months</i>

Please complete the information below for your SITE.
You will need to make copies of these forms for each site.

Site Details

Legal Name: _____

Address: Same as Sponsor

Street: _____

City: _____ State: _____ Zip: _____

Email Address: _____

Status: Non-Profit For-Profit

Site Identification Number (for CACFP purposes): _____

Site Policies

Daily Attendance: Present Time In/Out

Normal Hours:

Day of the Week	Open Time	Close Time	Second Open Time	Second Close Time

CACFP Meals Served: Early Snack Breakfast AM Snack Lunch
 PM Snack Supper Evening Snack

Site Employees (review the Permissions Matrix on page 4 to see which level is appropriate)

All passwords need to be 12-24 characters. No other requirements.

Name	Access Level (Site Manager/Director, Staff, Kitchen Staff)	Username	Password

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Please complete the information below for your SITE.
 You will need to make copies of these forms for each site.

Site Menus

Please fill out the following tables with your menus. You may also attach separate documentation.

BREAKFAST

Directions: Remember that meat/meat alternates can be served in place of grains for up to three times per week.
 Breakfast cereals and yogurt need to meet sugar limits. You must serve a whole grain-rich food once per day.

Food Components	Monday	Tuesday	Wednesday	Thursday	Friday
Grain or Meat/Meat Alternate					
Vegetable/Fruit					
Milk					
Grain or Meat/Meat Alternate					
Vegetable/Fruit					
Milk					
Grain or Meat/Meat Alternate					
Vegetable/Fruit					
Milk					
Grain or Meat/Meat Alternate					
Vegetable/Fruit					
Milk					

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Site Menus

Please fill out the following tables with your menus. You may also attach separate documentation.

LUNCH/SUPPER

Directions: Remember that you need to serve a whole grain-rich food once per day.

Breakfast cereals and yogurt need to meet sugar limits.

Food Components	Monday	Tuesday	Wednesday	Thursday	Friday
Meat/Meat Alternate Grains/Breads Vegetable Fruit or Second Vegetable Milk					
Meat/Meat Alternate Grains/Breads Vegetable Fruit or Second Vegetable Milk					
Meat/Meat Alternate Grains/Breads Vegetable Fruit or Second Vegetable Milk					
Meat/Meat Alternate Grains/Breads Vegetable Fruit or Second Vegetable Milk					
Meat/Meat Alternate Grains/Breads Vegetable Fruit or Second Vegetable Milk					

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Site Menus

Please fill out the following tables with your menus. You may also attach separate documentation.

SNACK

Directions: Remember that you need to serve a whole grain-rich food once per day. Breakfast cereals and yogurt need to meet sugar limits.

Food Components	Monday	Tuesday	Wednesday	Thursday	Friday
Meat/Meat Alternate Grains/Breads Vegetable/Fruit Milk					
Meat/Meat Alternate Grains/Breads Vegetable/Fruit Milk					
Meat/Meat Alternate Grains/Breads Vegetable/Fruit Milk					
Meat/Meat Alternate Grains/Breads Vegetable/Fruit Milk					
Meat/Meat Alternate Grains/Breads Vegetable/Fruit Milk					

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Favorite Foods

The "Favorite Foods List" is intended to contain only foods that your site serves repeatedly and makes building a menu much quicker and easier. Click the box the left of these foods to mark them as foods you commonly serve. This will make them quickly available later within the My Food Program software.

MEAT/MEAT ALTERNATE

- | | | |
|---|--|---|
| <input type="checkbox"/> Almonds | <input type="checkbox"/> Cheese,american, cheddar,mozzarella, or swiss | <input type="checkbox"/> Chicken thigh/leg, about 2.0 oz cooked each |
| <input type="checkbox"/> Beans, baked | <input type="checkbox"/> Cheese Foods, Cheese Food Substitutes, Cheese Spreads | <input type="checkbox"/> Chicken, Wings, Baked |
| <input type="checkbox"/> Beans, black | <input type="checkbox"/> Cheese (in lbs) | <input type="checkbox"/> Clams |
| <input type="checkbox"/> Beans, black-eyed (or peas) | <input type="checkbox"/> Cheese, parmesan or romano | <input type="checkbox"/> Corndog, CN |
| <input type="checkbox"/> Beans, Black (in lbs) | <input type="checkbox"/> Chicken, breast, baked or steamed | <input type="checkbox"/> Cornish Hen, Baked |
| <input type="checkbox"/> Beans, garbanzo or chickpeas | <input type="checkbox"/> Chicken Breast Filets, Tyson, PC 070320-0928 | <input type="checkbox"/> Cottage cheese |
| <input type="checkbox"/> Beans, Great Northern, canned | <input type="checkbox"/> Chicken Breast, Tyson | <input type="checkbox"/> Cottage Cheese (in lbs) |
| <input type="checkbox"/> Beans, Kidney | <input type="checkbox"/> Chicken, canned | <input type="checkbox"/> Duck, cooked |
| <input type="checkbox"/> Beans, Navy or Pea | <input type="checkbox"/> Chicken, cooked | <input type="checkbox"/> Eggs |
| <input type="checkbox"/> Beans, Pink | <input type="checkbox"/> Chicken, Diced, Patuxent | <input type="checkbox"/> Eggs (in lbs) |
| <input type="checkbox"/> Beans, Pinto | <input type="checkbox"/> Chicken, Diced, Patuxent (in lbs) | <input type="checkbox"/> Fish, cooked |
| <input type="checkbox"/> Beans, Red | <input type="checkbox"/> Chicken drumsticks, with skin, with bone, about 3.7 oz raw/each | <input type="checkbox"/> Fish, Highliner |
| <input type="checkbox"/> Beans, refried, canned | <input type="checkbox"/> Chicken, ground, cooked | <input type="checkbox"/> Fish, Highliner (in lbs) |
| <input type="checkbox"/> Beans, Refried (in lbs) | <input type="checkbox"/> Chicken nuggets or tenders, CN | <input type="checkbox"/> Fish sticks, CN |
| <input type="checkbox"/> Beef Brisket, Corned | <input type="checkbox"/> Chicken Nuggets, Tyson, PC 16142-0928 | <input type="checkbox"/> Frankfurters,without byproducts, cereals, or extenders |
| <input type="checkbox"/> Beef, cooked | <input type="checkbox"/> Chicken Nuggets, Tyson, PC 38387-0816 | <input type="checkbox"/> Goat, cooked |
| <input type="checkbox"/> Beef Crumble, Fully-Cooked, Advance | <input type="checkbox"/> Chicken, Pulled, Patuxent | <input type="checkbox"/> Ham |
| <input type="checkbox"/> Beef Crumble, Fully-Cooked, Advance (in lbs) | <input type="checkbox"/> Chicken, Pulled, Patuxent (in lbs) | <input type="checkbox"/> Hamburger Patty, Advance |
| <input type="checkbox"/> Beef, ground, 93% lean, raw | <input type="checkbox"/> Chicken, quartered, roasted | <input type="checkbox"/> Hamburger Patty, Advance (in lbs) |
| <input type="checkbox"/> Beef, ground, cooked | <input type="checkbox"/> Chicken, Shredded BBQ, Hormel | <input type="checkbox"/> Ham, Hillshire |
| <input type="checkbox"/> Beef, ground, raw, no more than 20% fat | <input type="checkbox"/> Chicken, Shredded BBQ, Hormel (in lbs) | <input type="checkbox"/> Ham Steak |
| <input type="checkbox"/> Beef Pattie, 1/4# pattie, 75/25 beef | <input type="checkbox"/> Chicken Strip, Brakebush, PC 5843 | <input type="checkbox"/> Hazelnuts |
| <input type="checkbox"/> Beef, Ribs, cooked | <input type="checkbox"/> Chicken Strip Breast, Patuxent | <input type="checkbox"/> Hot Dogs, Farmland, CN 1.1 oz. each |
| <input type="checkbox"/> Bologna, CN-labeled | <input type="checkbox"/> Chicken Strip Breast, Patuxent (in lbs) | <input type="checkbox"/> Hummus, CN-labeled |
| <input type="checkbox"/> Brazil nuts | <input type="checkbox"/> Chicken Tenderloins, unbreaded, Tyson, PC 5627-928 | <input type="checkbox"/> Hummus, CN-labeled (in lbs) |
| <input type="checkbox"/> Buffalo, ground, cooked | | <input type="checkbox"/> Infant Beef Food |
| <input type="checkbox"/> Cashew nut butter | | <input type="checkbox"/> Infant Chicken Food |
| <input type="checkbox"/> Cashew nuts | | <input type="checkbox"/> Infant Turkey Food |
| <input type="checkbox"/> Catfish, steamed or baked | | <input type="checkbox"/> Lamb, cooked |

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Please complete the information below for your SITE.
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MEAT/MEAT ALTERNATE (continued)

- | | | |
|---|---|---|
| <input type="checkbox"/> Lentils, cooked | <input type="checkbox"/> Sunflower seed butter | <input type="checkbox"/> Yogurt, Dannon, Danimals, any flavor |
| <input type="checkbox"/> Little Caesar's Cheese Pizza | <input type="checkbox"/> Sunflower seeds | <input type="checkbox"/> Yogurt, Dannon, Light and Fit Greek, any flavor |
| <input type="checkbox"/> Macademia nuts | <input type="checkbox"/> Tilapia, baked | <input type="checkbox"/> Yogurt, Dannon, Light and Fit Nonfat, any flavor |
| <input type="checkbox"/> Meatball, Advance (in lbs) | <input type="checkbox"/> Tilapia fillets, steamed | <input type="checkbox"/> Yogurt, Dannon, Oikos Greek Nonfat, any flavor |
| <input type="checkbox"/> Meatballs, Advance | <input type="checkbox"/> Tilapia, fried, prepared off-site | <input type="checkbox"/> Yogurt, Dannon, Whole Milk, any flavor |
| <input type="checkbox"/> Meatballs, Rosina, CN | <input type="checkbox"/> Tofu, 5g per 1/4 cup | <input type="checkbox"/> Yogurt, Fage, plain flavor |
| <input type="checkbox"/> Nut butter | <input type="checkbox"/> Tofu, Packer | <input type="checkbox"/> Yogurt, Fage, split cup, any flavor EXCEPT honey |
| <input type="checkbox"/> Ostrich, cooked | <input type="checkbox"/> Tofu, Packer (in lbs) | <input type="checkbox"/> Yogurt, Great Value brand, Greek, Plain or Vanilla |
| <input type="checkbox"/> Peanut butter | <input type="checkbox"/> Tuna, canned | <input type="checkbox"/> Yogurt, Great Value brand, LIGHT Vanilla or Plain |
| <input type="checkbox"/> Peanuts | <input type="checkbox"/> Tuna, Canned, Drained, Chicken of the Sea | <input type="checkbox"/> Yogurt, Greek Gods brand, plain flavor only |
| <input type="checkbox"/> Pecans | <input type="checkbox"/> Tuna, canned, drained (in lbs) | <input type="checkbox"/> Yogurt, Market Pantry brand, NONFAT vanilla or plain only |
| <input type="checkbox"/> Pine nuts | <input type="checkbox"/> Tuna, cooked | <input type="checkbox"/> Yogurt, meets sugar limit (in lbs) |
| <input type="checkbox"/> Pistachios | <input type="checkbox"/> Turkey, boneless, frozen, cooked | <input type="checkbox"/> Yogurt, Old Home brand, Plain or LIGHT vanilla only |
| <input type="checkbox"/> Pollack, Baked | <input type="checkbox"/> Turkey Burger, Hormel | <input type="checkbox"/> Yogurt, Siggis Brand, any flavor |
| <input type="checkbox"/> Pork, Chops, cooked | <input type="checkbox"/> Turkey, cooked | <input type="checkbox"/> Yogurt, Stonyfield, Organic Greek, any flavor |
| <input type="checkbox"/> Pork, cooked | <input type="checkbox"/> Turkey, Diced, Hormel | <input type="checkbox"/> Yogurt, Stonyfield Organic 100% grassfed, any flavor |
| <input type="checkbox"/> Pork, Ribs, cooked | <input type="checkbox"/> Turkey, drumsticks, baked | <input type="checkbox"/> Yogurt, Stonyfield, Organic Lowfat Smooth and Creamy, any flavor |
| <input type="checkbox"/> Sausage, pork, cooked | <input type="checkbox"/> Turkey, ground, cooked | <input type="checkbox"/> Yogurt, Stonyfield, Organic Whole Milk Smooth and Creamy, any flavor |
| <input type="checkbox"/> Pumpkin seeds | <input type="checkbox"/> Turkey, Hillshire | <input type="checkbox"/> Yogurt, Yoplait, Greek 100 Protein, any flavor |
| <input type="checkbox"/> Quail, baked | <input type="checkbox"/> Turkey, Hillshire (in lbs) | <input type="checkbox"/> Yogurt, Yoplait Greek, any flavor |
| <input type="checkbox"/> Quail, fried (off-site preparation) | <input type="checkbox"/> Chicken Nugget, Tyson, UPC 0-23700-02178 6 | <input type="checkbox"/> Yogurt, Yoplait Kids or Yoplait Trix, any flavor |
| <input type="checkbox"/> Ravioli, Beef, Chef Boyardee, CN | <input type="checkbox"/> Veal | <input type="checkbox"/> Yogurt, Yoplait Light, any flavor |
| <input type="checkbox"/> Ricotta cheese | <input type="checkbox"/> Veggie Burger, Morningstar Farms | <input type="checkbox"/> Yogurt, Yoplait Originals, any flavor |
| <input type="checkbox"/> Roast Beef, Hillshire | <input type="checkbox"/> Venison (deer), cooked | <input type="checkbox"/> Yogurt, Yoplait Thick and Creamy LIGHT, any flavor |
| <input type="checkbox"/> Salmon, canned | <input type="checkbox"/> Walnuts | |
| <input type="checkbox"/> Salmon, cooked | <input type="checkbox"/> Yogurt | |
| <input type="checkbox"/> Salmon, grilled | <input type="checkbox"/> Yogurt, Activia, any flavor | |
| <input type="checkbox"/> Sausage, turkey, cooked | <input type="checkbox"/> Yogurt, Aldi brand, Fit and Active, Vanilla or Plain | |
| <input type="checkbox"/> Sesame seeds | <input type="checkbox"/> Yogurt, Aldi brand, Simply Nature, Vanilla or Plain | |
| <input type="checkbox"/> Shell eggs, fresh, large | <input type="checkbox"/> Yogurt, Annie's Organic, any flavor | |
| <input type="checkbox"/> Shrimp, baked | <input type="checkbox"/> Yogurt, Chobani, Blended, any flavor | |
| <input type="checkbox"/> Soup, bean or pea, commercially-prepared | <input type="checkbox"/> Yogurt, Chobani, Fruit on the Bottom, any flavor | |
| <input type="checkbox"/> Soy nut butter | | |
| <input type="checkbox"/> Soy nuts | | |
| <input type="checkbox"/> String Cheese, 1 oz. stick | | |

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Please complete the information below for your SITE.
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GRAINS

- | | | |
|---|---|--|
| <input type="checkbox"/> Amaranth, cooked | <input type="checkbox"/> Cake | <input type="checkbox"/> Cereal, Plain Total or Generic Equivalent |
| <input type="checkbox"/> Animal crackers | <input type="checkbox"/> Cereal, Brown Sugar Oatmeal Squares or Generic Equivalent | <input type="checkbox"/> Cereal, Plain Wheaties or Generic Equivalent |
| <input type="checkbox"/> Animal Crackers, Stauffer's, 30g for 16 crackers | <input type="checkbox"/> Cereal, Rice Chex or Generic Equivalent | <input type="checkbox"/> Cereal, Post Great Grains, Banana Nut |
| <input type="checkbox"/> Bagels, enriched | <input type="checkbox"/> Cereal, Cinnamon Oatmeal Squares or Generic Equivalent | <input type="checkbox"/> Cereal, ready-to-eat, enriched, flakes or rounds |
| <input type="checkbox"/> Bagels, whole grain | <input type="checkbox"/> Cereal, Corn Chex or Generic Equivalent | <input type="checkbox"/> Cereal, ready-to-eat, enriched, puffed |
| <input type="checkbox"/> Bagels, Whole Wheat (in lbs) | <input type="checkbox"/> Cereal, Corn Flakes | <input type="checkbox"/> Cereal, ready-to-eat, whole grain, flakes or rounds |
| <input type="checkbox"/> Banana Bread, enriched | <input type="checkbox"/> Cereal, Frosted Mini-Wheat Little Bites | <input type="checkbox"/> Cereal, ready-to-eat, whole grain, puffed |
| <input type="checkbox"/> Banana Bread, whole grain | <input type="checkbox"/> Cereal, Frosted Mini-Wheats or Generic Equivalent | <input type="checkbox"/> Cereal, Rice Krispies or Generic Equivalent |
| <input type="checkbox"/> Barley, pearl, cooked | <input type="checkbox"/> Cereal, Gluten-Free Rice Krispies | <input type="checkbox"/> Cereal, Sunbelt Bakery Simple Granola |
| <input type="checkbox"/> Biscuits, enriched | <input type="checkbox"/> Cereal, Honey Bunches of Oats Almond Crunch | <input type="checkbox"/> Cereal, Wheat Chex or Generic Equivalent |
| <input type="checkbox"/> Biscuits, enriched (in lbs) | <input type="checkbox"/> Cereal, Honey Bunches of Oats Almonds or Generic Equivalent | <input type="checkbox"/> Crackers, Cheez-It or generic equivalent |
| <input type="checkbox"/> Biscuits, Grands, Southern Style, 2 oz. each | <input type="checkbox"/> Cereal, Honey Bunches of Oats Cinnamon or Generic Equivalent | <input type="checkbox"/> Chips Ahoy Original Cookies, 11gm each |
| <input type="checkbox"/> Bread, enriched | <input type="checkbox"/> Cereal, Honey Bunches of Oats Honey Crunch or Generic Equivalent | <input type="checkbox"/> Chow mein noodles, enriched |
| <input type="checkbox"/> Bread, French, enriched (at least 37 grams) | <input type="checkbox"/> Cereal, Honey Bunches of Oats Honey or Generic Equivalent | <input type="checkbox"/> Churros, baked, made with enriched flour |
| <input type="checkbox"/> Breading, enriched | <input type="checkbox"/> Cereal, Honey Bunches of Oats Vanilla or Generic Equivalent | <input type="checkbox"/> Cookies |
| <input type="checkbox"/> Bread, Rye, enriched | <input type="checkbox"/> Cereal, Honey Kix or Generic Equivalent | <input type="checkbox"/> Cookies, fudge-striped, 2 cookies/27g |
| <input type="checkbox"/> Bread sticks, enriched | <input type="checkbox"/> Cereal, Mini-Wheats Big Bites | <input type="checkbox"/> Cookies, sandwich, creme-filled, 3 cookies/34g |
| <input type="checkbox"/> Bread Sticks, Whole Grain (in lbs) | <input type="checkbox"/> Cereal, Multigrain Cheerios or Generic Equivalent | <input type="checkbox"/> Cornbread, enriched |
| <input type="checkbox"/> Bread sticks, whole wheat | <input type="checkbox"/> Cereal, Plain Cheerios or Generic Equivalent | <input type="checkbox"/> Corn chips, whole grain |
| <input type="checkbox"/> Bread, Whole Grain (in lbs) | <input type="checkbox"/> Cereal, Plain Crispix or Generic Equivalent | <input type="checkbox"/> Corn grits, cooked |
| <input type="checkbox"/> Bread, whole wheat | <input type="checkbox"/> Cereal, Plain Kix or Generic Equivalent | <input type="checkbox"/> Couscous, enriched, cooked |
| <input type="checkbox"/> Breakfast Cereal, Whole Grain (in lbs) | <input type="checkbox"/> Cereal, Plain Life or Generic Equivalent | <input type="checkbox"/> Couscous, whole grain, cooked |
| <input type="checkbox"/> Brownies | <input type="checkbox"/> Cereal, Plain Special K or Generic Equivalent | <input type="checkbox"/> Crackers, Goldfish, enriched, 55 pieces/30g |
| <input type="checkbox"/> Buckwheat, cooked | | <input type="checkbox"/> Crackers, Goldfish, whole grain |
| <input type="checkbox"/> Bulgur, cooked | | <input type="checkbox"/> Crackers, Ritz |
| <input type="checkbox"/> Bun, Hoagie, enriched, 6" (76 grams) | | |
| <input type="checkbox"/> Buns (hamburger, hot dog), enriched | | |
| <input type="checkbox"/> Buns (hamburger, hot dog), whole grain | | |
| <input type="checkbox"/> Bun, Whole Grain, at least 57 grams | | |
| <input type="checkbox"/> Bun, Whole Grain (in lbs) | | |

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Please complete the information below for your SITE.
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GRAINS (continued)

- | | | |
|--|---|--|
| <input type="checkbox"/> Crackers, Ritz (in lbs) | <input type="checkbox"/> Macaroni & Cheese 2.05 oz microwave cups | <input type="checkbox"/> Rice cakes |
| <input type="checkbox"/> Crackers, Ritz, whole grain | <input type="checkbox"/> Melba toast | <input type="checkbox"/> Rice, white, enriched, cooked |
| <input type="checkbox"/> Crackers, saltine (in lbs) | <input type="checkbox"/> Millet, cooked | <input type="checkbox"/> Rolls, enriched |
| <input type="checkbox"/> Crackers, Toasty Peanut Butter-Filled, 6 crackers/35g | <input type="checkbox"/> Muffin, Banana, Betty Crocker, 30g | <input type="checkbox"/> Rolls, whole grain |
| <input type="checkbox"/> Crackers, Triscuit, original | <input type="checkbox"/> Muffin, Blueberry, Betty Crocker, 31g | <input type="checkbox"/> Rolls, whole grain (in lbs) |
| <input type="checkbox"/> Crackers, Wheat Thins or generic equivalent | <input type="checkbox"/> Muffins, enriched | <input type="checkbox"/> Rye wafers, whole grain |
| <input type="checkbox"/> Croissant, enriched | <input type="checkbox"/> Muffins, whole grain | <input type="checkbox"/> Crackers, saltines, enriched |
| <input type="checkbox"/> Croutons, enriched | <input type="checkbox"/> Oatmeal, cooked | <input type="checkbox"/> Snack Crackers, enriched |
| <input type="checkbox"/> Doughnuts | <input type="checkbox"/> Pancakes, Bisquick, 40g | <input type="checkbox"/> Snack Crackers, whole grain |
| <input type="checkbox"/> Dumplings, Enriched | <input type="checkbox"/> Pancakes, enriched | <input type="checkbox"/> Sweet rolls |
| <input type="checkbox"/> Egg roll wrappers, enriched | <input type="checkbox"/> Pancakes, whole grain | <input type="checkbox"/> Taco shells |
| <input type="checkbox"/> English muffins, enriched | <input type="checkbox"/> Pancakes, whole grain (in lbs) | <input type="checkbox"/> Teddy Graham Cookies, 30g for 24 pieces |
| <input type="checkbox"/> English muffins, whole grain | <input type="checkbox"/> Pasta, enriched | <input type="checkbox"/> Toast, enriched |
| <input type="checkbox"/> English Muffin, whole grain (in lbs) | <input type="checkbox"/> Pasta, Penne, enriched | <input type="checkbox"/> Toaster pastries |
| <input type="checkbox"/> Famous Amos Choc Chip Cookies, 0.3 oz each | <input type="checkbox"/> Pasta, Rotini, enriched | <input type="checkbox"/> Toast, whole grain |
| <input type="checkbox"/> Farina, cooked (Cream of Wheat/Malt-O-Meal) | <input type="checkbox"/> Pasta, spaghetti, enriched | <input type="checkbox"/> Tortilla chips |
| <input type="checkbox"/> French toast, enriched | <input type="checkbox"/> Pasta, spaghetti, whole grain | <input type="checkbox"/> Tortillas, enriched |
| <input type="checkbox"/> French Toast Sticks, 0.8 oz. each | <input type="checkbox"/> Pasta, whole grain | <input type="checkbox"/> Tortillas, whole grain |
| <input type="checkbox"/> French toast, whole grain | <input type="checkbox"/> Pasta, whole grain, cooked (in lbs) | <input type="checkbox"/> Tortillas, whole grain (in lbs) |
| <input type="checkbox"/> Graham crackers | <input type="checkbox"/> Pie crust, enriched, SAVORY pies only | <input type="checkbox"/> Vanilla Wafers |
| <input type="checkbox"/> Graham crackers, Honey Maid, 31g for 2 sheets | <input type="checkbox"/> Pita bread, enriched | <input type="checkbox"/> Waffles, enriched |
| <input type="checkbox"/> Graham Crackers (in lbs) | <input type="checkbox"/> Pita bread, whole grain | <input type="checkbox"/> Waffles, whole grain |
| <input type="checkbox"/> Grain fruit bars | <input type="checkbox"/> Pita Bread, whole grain (in lbs) | <input type="checkbox"/> Waffles, Whole Grain (in lbs) |
| <input type="checkbox"/> Grandma's Cookies, any flavor, 35gm each | <input type="checkbox"/> Pizza crust, enriched | <input type="checkbox"/> Wheat berries, cooked |
| <input type="checkbox"/> Granola | <input type="checkbox"/> Pizza crust, whole grain | <input type="checkbox"/> Wild rice, cooked |
| <input type="checkbox"/> Granola bars | <input type="checkbox"/> Pretzels, enriched | <input type="checkbox"/> Zweiback |
| <input type="checkbox"/> Hamburger Bun, enriched, at least 0.9 oz. each | <input type="checkbox"/> Pretzels, enriched (in lbs) | |
| <input type="checkbox"/> Injera (Enjera), enriched | <input type="checkbox"/> Pretzels, Mini Twists, 22 pretzels/30g | |
| <input type="checkbox"/> Kasha, cooked | <input type="checkbox"/> Pumpkin Bread | |
| <input type="checkbox"/> Little Caesar's Cheese Pizza (Crust) | <input type="checkbox"/> Quinoa, cooked | |
| | <input type="checkbox"/> Rice, brown, cooked | |
| | <input type="checkbox"/> Rice, brown, cooked (in lbs) | |

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Please complete the information below for your SITE.
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FRUIT

- | | | |
|---|---|--|
| <input type="checkbox"/> Apple Juice, 100% | <input type="checkbox"/> Currants | <input type="checkbox"/> Plantain |
| <input type="checkbox"/> Apple, Peach & Squash | <input type="checkbox"/> Dates | <input type="checkbox"/> Plums |
| <input type="checkbox"/> Apples | <input type="checkbox"/> Figs | <input type="checkbox"/> Pomegranate |
| <input type="checkbox"/> Applesauce | <input type="checkbox"/> Fruit cocktail, canned, drained | <input type="checkbox"/> Prunes |
| <input type="checkbox"/> Applesauce (in lbs) | <input type="checkbox"/> Fruit, Mixed | <input type="checkbox"/> Prunes & Apples |
| <input type="checkbox"/> Apples & Cherries | <input type="checkbox"/> Grapefruit | <input type="checkbox"/> Pumpkin Banana |
| <input type="checkbox"/> Apples & Corn | <input type="checkbox"/> Grapefruit Juice, 100% | <input type="checkbox"/> Raisins |
| <input type="checkbox"/> Apples, fresh, 125-138 count | <input type="checkbox"/> Grape Juice, 100% | <input type="checkbox"/> Raspberries |
| <input type="checkbox"/> Apples (in lbs) | <input type="checkbox"/> Grapes | <input type="checkbox"/> Squash, Apples & Corn |
| <input type="checkbox"/> Apple Strawberry Banana | <input type="checkbox"/> Honeydew Melon | <input type="checkbox"/> Star fruit |
| <input type="checkbox"/> Apple & Sweet Potato | <input type="checkbox"/> Honey Pomelo | <input type="checkbox"/> Starfruit (in lbs) |
| <input type="checkbox"/> Apricots | <input type="checkbox"/> Kiwi | <input type="checkbox"/> Strawberries |
| <input type="checkbox"/> Apricot with Mixed Fruit | <input type="checkbox"/> Lemons | <input type="checkbox"/> Strawberries (in lbs) |
| <input type="checkbox"/> Banana, Apples & Pears | <input type="checkbox"/> Limes | <input type="checkbox"/> Sweet Potato, Apple & Pumpkin |
| <input type="checkbox"/> Banana, Carrot & Mango | <input type="checkbox"/> Mango Apple | <input type="checkbox"/> Tangelos |
| <input type="checkbox"/> Banana Mixed Berry | <input type="checkbox"/> Mangoes | <input type="checkbox"/> Tangerines |
| <input type="checkbox"/> Banana & Orange | <input type="checkbox"/> Nectarines | <input type="checkbox"/> Tropical Fruit, canned, drained |
| <input type="checkbox"/> Banana, Plum, Grape | <input type="checkbox"/> Orange Juice, 100% | <input type="checkbox"/> Tropical Fruit, canned (in lbs) |
| <input type="checkbox"/> Bananas, fresh, sliced | <input type="checkbox"/> Oranges | <input type="checkbox"/> Ugli fruit |
| <input type="checkbox"/> Bananas, fresh, regular, 100-120 count | <input type="checkbox"/> Oranges, fresh, 138 count | <input type="checkbox"/> Watermelon |
| <input type="checkbox"/> Blackberries (Boysenberries) | <input type="checkbox"/> Oranges, mandarin, canned, drained | <input type="checkbox"/> White Grape Juice 100% |
| <input type="checkbox"/> Blueberries | <input type="checkbox"/> Papaya | |
| <input type="checkbox"/> Blueberries (in lbs) | <input type="checkbox"/> Passion Fruit | |
| <input type="checkbox"/> Breadfruit | <input type="checkbox"/> Peaches | |
| <input type="checkbox"/> Cactus Fruit (Prickly Pear) | <input type="checkbox"/> Peaches, canned (in lbs) | |
| <input type="checkbox"/> Cantaloupe | <input type="checkbox"/> Peaches, canned, sliced, drained | |
| <input type="checkbox"/> Cantaloupe (in lbs) | <input type="checkbox"/> Pear Blueberry | |
| <input type="checkbox"/> Carrot, Pear & Blackberry | <input type="checkbox"/> Pear & Pineapple | |
| <input type="checkbox"/> Cherries | <input type="checkbox"/> Pears | |
| <input type="checkbox"/> Clementines | <input type="checkbox"/> Pears, canned (in lbs) | |
| <input type="checkbox"/> Cranberries, dehydrated | <input type="checkbox"/> Pears, canned, sliced, drained | |
| <input type="checkbox"/> Cranberries, fresh | <input type="checkbox"/> Persimmons | |
| <input type="checkbox"/> Cranberry Juice, 100% | <input type="checkbox"/> Pineapple | |
| <input type="checkbox"/> Cranberry Relish or Sauce, canned | <input type="checkbox"/> Pineapple (in lbs) | |
| | <input type="checkbox"/> Pineapple Juice, 100% | |

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Please complete the information below for your SITE.
You will need to make copies of these forms for each site.

VEGETABLE

- | | | |
|---|---|--|
| <input type="checkbox"/> Artichokes | <input type="checkbox"/> Cabbage, fresh, steamed | <input type="checkbox"/> Jicama |
| <input type="checkbox"/> Asparagus | <input type="checkbox"/> Cabbage, Green or Red, cooked | <input type="checkbox"/> Jicama (in lbs) |
| <input type="checkbox"/> Avocados | <input type="checkbox"/> Cabbage, Green or Red, fresh, shredded | <input type="checkbox"/> Kale |
| <input type="checkbox"/> Bamboo shoots | <input type="checkbox"/> Cabbage, shredded (in lbs) | <input type="checkbox"/> Kohlrabi |
| <input type="checkbox"/> Beans, baked | <input type="checkbox"/> Cactus (Nopales) | <input type="checkbox"/> Lentils, cooked |
| <input type="checkbox"/> Beans, Baked (in lbs) | <input type="checkbox"/> Carrots | <input type="checkbox"/> Lettuce |
| <input type="checkbox"/> Beans, black | <input type="checkbox"/> Carrots, cooked (in lbs) | <input type="checkbox"/> Lettuce, iceberg, shredded |
| <input type="checkbox"/> Beans, black-eyed (or peas) | <input type="checkbox"/> Carrots, fresh, steamed | <input type="checkbox"/> Lettuce (in lbs) |
| <input type="checkbox"/> Beans, Black for veg (in lbs) | <input type="checkbox"/> Cauliflower | <input type="checkbox"/> Lettuce, Romaine, fresh |
| <input type="checkbox"/> Beans, garbanzo or chickpeas | <input type="checkbox"/> Cauliflower, raw (in lbs) | <input type="checkbox"/> Malanga (Taro) |
| <input type="checkbox"/> Beans, Great Northern, canned | <input type="checkbox"/> Celery | <input type="checkbox"/> Mixed Vegetables |
| <input type="checkbox"/> Beans, Green | <input type="checkbox"/> Chayote (Mirliton) | <input type="checkbox"/> Mushrooms |
| <input type="checkbox"/> Beans, Kidney | <input type="checkbox"/> Chicory | <input type="checkbox"/> Mushrooms, oyster, fresh, steamed |
| <input type="checkbox"/> Beans, Lima | <input type="checkbox"/> Collard Greens | <input type="checkbox"/> Mustard greens |
| <input type="checkbox"/> Beans, Mung | <input type="checkbox"/> Corn | <input type="checkbox"/> Okra |
| <input type="checkbox"/> Beans, Navy or Pea | <input type="checkbox"/> Corn, Baby, frozen, prepared | <input type="checkbox"/> Olives |
| <input type="checkbox"/> Beans, Pink | <input type="checkbox"/> Corn, creamed, canned | <input type="checkbox"/> Onions |
| <input type="checkbox"/> Beans, Pinto | <input type="checkbox"/> Corn, whole kernel, canned, drained | <input type="checkbox"/> Parsnips |
| <input type="checkbox"/> Bean sprouts | <input type="checkbox"/> Cucumbers | <input type="checkbox"/> Pear, Zucchini & Corn |
| <input type="checkbox"/> Beans, Red | <input type="checkbox"/> Cucumbers (in lbs) | <input type="checkbox"/> Peas & Carrots |
| <input type="checkbox"/> Beans, refried, canned | <input type="checkbox"/> Eggplant | <input type="checkbox"/> Peas, green |
| <input type="checkbox"/> Beans, Soy, fresh (Edamame) | <input type="checkbox"/> Endive or Escarole | <input type="checkbox"/> Peas, green, canned, drained |
| <input type="checkbox"/> Beans, Wax | <input type="checkbox"/> Four Bean Salad | <input type="checkbox"/> Peas, green, frozen |
| <input type="checkbox"/> Beet Greens, cooked | <input type="checkbox"/> French fries (must be fried off-site) | <input type="checkbox"/> Peas, snow |
| <input type="checkbox"/> Beets, pickled, diced | <input type="checkbox"/> Garden Vegetables | <input type="checkbox"/> Peas, sugar snap |
| <input type="checkbox"/> Beets, canned, sliced | <input type="checkbox"/> Grape leaves | <input type="checkbox"/> Pepperocini |
| <input type="checkbox"/> Bittermelon | <input type="checkbox"/> Green beans, canned, cut, drained | <input type="checkbox"/> Peppers, Bell |
| <input type="checkbox"/> Bokchoy | <input type="checkbox"/> Green beans, canned, drained, prepared | <input type="checkbox"/> Peppers, Bell (in lbs) |
| <input type="checkbox"/> Broccoli | <input type="checkbox"/> Green beans, fresh, trimmed, whole, cooked | <input type="checkbox"/> Pickles |
| <input type="checkbox"/> Broccoli, fresh, steamed | <input type="checkbox"/> Green Beans, frozen, prepared | <input type="checkbox"/> Pimientos |
| <input type="checkbox"/> Broccoli, frozen, prepared | <input type="checkbox"/> Hashbrowns (must be fried off-site) | <input type="checkbox"/> Poi, undiluted |
| <input type="checkbox"/> Broccoli (in lbs) | | <input type="checkbox"/> Potatoes, Baby Red, boiled or roasted |
| <input type="checkbox"/> Broccoli slaw | | <input type="checkbox"/> Potatoes, baked |
| <input type="checkbox"/> Brussels Sprouts | | <input type="checkbox"/> Potatoes, boiled |
| <input type="checkbox"/> Cabbage, Chinese, or Celery, fresh | | |

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Please complete the information below for your SITE.
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VEGETABLES (continued)

- | | | |
|---|---|---|
| <input type="checkbox"/> Potatoes, mashed | <input type="checkbox"/> Spinach, cooked | <input type="checkbox"/> Turnips |
| <input type="checkbox"/> Potatoes, roasted | <input type="checkbox"/> Squash | <input type="checkbox"/> Vegetables, Bermuda Blend, frozen, cooked |
| <input type="checkbox"/> Potato wedges, baked | <input type="checkbox"/> Squash, cooked (in lbs) | <input type="checkbox"/> Vegetables, Italian Blend, frozen, prepared |
| <input type="checkbox"/> Pumpkin | <input type="checkbox"/> Succotash | <input type="checkbox"/> Vegetables, mixed, frozen, cooked |
| <input type="checkbox"/> Radishes | <input type="checkbox"/> Sweet Banana Peppers | <input type="checkbox"/> Vegetables, mixed, frozen (in lbs) |
| <input type="checkbox"/> Rhubarb | <input type="checkbox"/> Sweet potatoes | <input type="checkbox"/> Vegetables, raw, assorted |
| <input type="checkbox"/> Rutabagas | <input type="checkbox"/> Sweet Potatoes & Corn | <input type="checkbox"/> Vegetables, Scandinavian Blend, frozen, prepared |
| <input type="checkbox"/> Rutabagas, cooked (in lbs) | <input type="checkbox"/> Swiss chard | <input type="checkbox"/> Water chestnuts |
| <input type="checkbox"/> Salsa | <input type="checkbox"/> Tater Tots | <input type="checkbox"/> Watercress |
| <input type="checkbox"/> Sauerkraut | <input type="checkbox"/> Three Bean Salad, canned | <input type="checkbox"/> Yams, cooked |
| <input type="checkbox"/> Scalloped Potatoes | <input type="checkbox"/> Tomatillos | <input type="checkbox"/> Yautia |
| <input type="checkbox"/> Soup, bean or pea, commercially-prepared | <input type="checkbox"/> Tomatoes, fresh, raw | <input type="checkbox"/> Yucca, (Cassava) |
| <input type="checkbox"/> Soups, canned, all vegetable | <input type="checkbox"/> Tomatoes, canned, stewed | <input type="checkbox"/> Zucchini |
| <input type="checkbox"/> Soup, tomato, condensed, prepared with water | <input type="checkbox"/> Tomatoes, fresh (in lbs) | |
| <input type="checkbox"/> Spinach | <input type="checkbox"/> Tomato Juice, 100% | |
| | <input type="checkbox"/> Tomato sauce | |
| | <input type="checkbox"/> Turnip greens | |

FLUID MILK

- | | | |
|--|--|---|
| <input type="checkbox"/> 1% Milk for ages 24 months (transition month) | <input type="checkbox"/> Milk, fluid (in gallons) | <input type="checkbox"/> Soymilk nutritionally equivalent to cow's milk |
| <input type="checkbox"/> 1% Milk for all participants 2 and older | <input type="checkbox"/> Skim milk for all participants 2 and older | <input type="checkbox"/> Whole milk for 1 yr old (in gallons) |
| <input type="checkbox"/> 1% Milk for ages 12-23 months | <input type="checkbox"/> Whole milk for ages 12-23 months | <input type="checkbox"/> Whole milk for ages 24 months (transition month) |
| <input type="checkbox"/> 2% Milk for ages 12-23 months | <input type="checkbox"/> Skim milk for ages 24 months (transition month) | <input type="checkbox"/> Yogurt for Fluid Milk (ADULT CARE ONLY) |
| <input type="checkbox"/> 2% Milk for ages 24 months (transition month) | <input type="checkbox"/> Skim milk for ages 2+ (in gallons) | |
| <input type="checkbox"/> Breast Milk/Iron-Fortified Formula | <input type="checkbox"/> Skim Milk for ages 12-23 months | |
| <input type="checkbox"/> Milk, fluid | <input type="checkbox"/> Skim Milk (in gallons) | |

INFANT CEREAL

- Infant Cereal, iron-fortified