



FRUIT FLAG SALAD

Ingredients

6 Cups Fresh Strawberries,
quartered

3 Cups Fresh Blueberries

4 Cups Cantaloupe Cubes

1 Cup Fresh Banana Slices

16oz Can Pineapple
Tidbits, drained

24oz Lemon Yogurt*

Directions

1. Set aside 20 strawberries pieces and 50 blueberries. Layer remaining strawberries, blueberries, cantaloupe, bananas and pineapple.
2. Press down fruit with a pancake turner to make a flat surface.
3. Top with lemon yogurt.
4. Arrange reserved strawberries and blueberries into a flag design over the yogurt.

Toddler/Preschool = $\frac{1}{2}$ cup. School-Age = $\frac{3}{4}$ cup at snack.

*This recipe does not contain enough yogurt to meet the meat/meat alternate requirement at snack. *Make sure yogurt meets sugar limits.*