



7-LAYER PASTA SALAD

Ingredients

- 1 Cup Fresh Spinach Leaves
- 3 Cups Cooked Medium Shell Pasta
- 10oz Frozen Peas, thawed
- 6oz Ham or Turkey, in 1" cubes
- 1 Cup Shredded Cheddar Cheese
- 1 Cup Fresh Diced Tomato
- 1 Cup Ranch Dressing

Directions

1. Layer spinach, pasta, peas, ham (or turkey), in a large serving bowl.
 2. Spread dressing over the top.
 3. Top with cheese and tomatoes.
 4. Cover and refrigerate several hours or until chilled.
 5. Toss gently before serving.
- Toddler = $\frac{2}{3}$ cup. Preschool = 1 cup. School-Age = $1\frac{1}{3}$ cups.
- Counts as a vegetable, grain and meat/meat alternate at lunch/supper.*