

Saved menus reduce the amount of time it takes to plan and record the food items that you are going to use to satisfy each meal pattern group. There are two ways to create a saved menu.

Method #1 to Create a New Saved Menu:

- Click on “Menu” from the main dashboard.
- Click on “View Menus”.
- Click on the blue “Add Menu” button on the upper-right corner.
- Complete the fields for:
 - Name: this is a required field and will be the name that will appear in the drop-down when you plan your daily menus. You may name it with just an entree, for example “Baked Chicken Lunch”, or with a list of the food items, for example “Yogurt and Crackers” or with the information from a cycle menu plan, for example “Monday Breakfast Week 1”.
 - Description: the description is what will appear on the printed version of your menu. If you do not enter any text in the “Description” box, then the names of the food items will appear on the printed version of your menu. If you plan to print and post your menu, it would be best to complete the description.
 - Meal Pattern: this is a required field. Select whether you are planning a breakfast, snack or lunch/supper so that the correct meal pattern appears during menu planning.

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Saved Menu

Name	Baked Chicken Lunch
Description	Baked Chicken Whole-Grain Bread
Meal Pattern	New Lunch/Supper

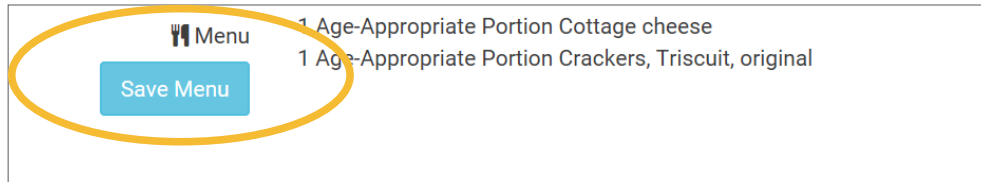
- Enter the food items for your saved menu using favorite foods and/or the food search function.
- Click “Save”.
- Your new Saved Menu now appears as a choice when completing a daily menu.

Baked Chicken Lunch	Baked Chicken Whole-Grain Bread Corn Watermelon Milk	1.00 Bread, whole wheat 1.00 Chicken, cooked 1.00 Corn 1.00 Watermelon 1.00 1% Milk for all participants 2 and older 1.00 Whole milk for ages 12-23 months	New Lunch/Supper	Copy
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Method #2 to Create a New Saved Menu:

- Click on “Menu” from the main dashboard.
- Click on the date and meal type that you want to plan, for example, lunch on July 27.
- Complete the steps to plan a menu by adding required food items using favorite foods and/or the food item search function.
- Click “Save” to return to the Meal Details screen.
- Click the blue “Save Menu” button underneath the Menu.



- Make any edits and click “Save”.
- Your new Saved Menu now appears as a choice when completing a daily menu.