

Participants & Rosters: Households & Participants: Adding Children: Uploading Participants



If you have a new site and a list of participants in an Excel spreadsheet, you can use the upload feature instead of creating each child individually.

To upload participants to My Food Program:

- Download the participant upload template [here](#).
- Copy the information from your spreadsheet into the template.
- Save the template. **Be sure to save as file extension “.csv”. Excel files like “.xlsx” will not work.**
- Log into My Food Program and click on “Participants & Rosters” on the main dashboard.
- Click on the green “Upload Participants” button.
- Use the file explorer to locate the file with participant information and click “Open”.
- To import all participants on your spreadsheet, click the checkbox next to the word “Participant” in the upper-left corner. This will select all participants on the list.
- If any participants cannot be imported, there will be an error message on the far right corner. You can either proceed with the upload and add those participants manually or cancel the upload and fix the errors in the spreadsheet.
- Once you have selected all the participants you wish to import, scroll to the bottom of the page and click “Save”.
- Your participants are now entered into My Food Program. Note: the import feature creates each child in an individual household. If you wish to group children into households, you will need to use the function of changing households.

<input checked="" type="checkbox"/> Participant	Guardian/Roster	Household	Schedule	Errors
<input checked="" type="checkbox"/> Melania Daniels Birthdate: 01/01/2014 Active Start: 03/03/2015	Melania Daniels (651) 555-1234	1111 Main Street S. Minneapolis MN Start: 05/05/2013 Expire: 03/31/2016	Monday: 6:00 AM - 9:00 PM Tuesday: 6:00 AM - 9:00 PM Wednesday: 6:00 AM - 9:00 PM Thursday: 6:00 AM - 9:00 PM Friday: 6:00 AM - 9:00 PM Saturday: 6:00 AM - 9:00 PM Sunday: 6:00 AM - 9:00 PM	
<input type="checkbox"/> John James Smith Birthdate: 02/02/2013 Inactive Start: 02/14/2016 Withdrawn: 03/31/2016	James Smith 808-555-1234	111 Main St Merced CA 12345 Tier: Tier I Start: 05/05/2014 Expire: 05/31/2015	Monday: 7:00 AM - 12:00 PM Saturday: 9:00 AM - 3:00 PM	Participant with this name and birthdate already exists
<input checked="" type="checkbox"/> April Garcia Birthdate: 11/09/2002 Hispanic or Latino Active Start: 01/11/2016	Jerry Garcia 208-222-1234	222 Main St Hanford CA 80808 Tier: Tier I Start: 05/05/2015 Expire: 05/31/2016	Monday: 3:00 AM - 7:00 PM Tuesday: 3:00 AM - 7:00 PM Saturday: 9:00 AM - 3:00 PM	