

My Food Program allows flexibility when it comes to recording fluid milk. Please review the two options below and begin using the milk type that works best for the requirements in your state.

Option #1:

Your State Agency does not require menus or food production records to be specific about the types of fluid milk served. When planning menus, you should use the menu item “Milk, fluid”. Using this as your menu item indicates to the state agency that children are receiving milk in the appropriate fat percentage for their age category, but does not track amounts by separate milk types.

Your menu will say “Milk” and your Food Production Record will indicate how many total cups of milk of all types you served.

Favorite Foods

Favorite Foods	
Fluid Milk	
Mark as Favorite	Name
<input type="checkbox"/>	1% Milk
<input type="checkbox"/>	1% milk for ages 2+ (in half-pints)
<input type="checkbox"/>	Lactose-free 1% milk
<input type="checkbox"/>	Lactose-free skim milk
<input checked="" type="checkbox"/>	Milk, fluid
<input type="checkbox"/>	Milk, fluid (in gallons)
<input type="checkbox"/>	Skim Milk
<input type="checkbox"/>	Soy milk nutritionally equivalent to cow's milk

Menu Planning

Category	Portion Size	Favorite Foods	Search Food
1 Fluid Milk	Adjust from one Age-Appropriate Portion	Select Milk, fluid	Search... <input type="submit" value="Q"/>

Option #2:

Your State Agency requires menus and/or food production records to be specific about the types of milk served. Before you begin recording menus, **you should set all the types of fluid milk that you use as “Favorite Foods”.**

If you **do not serve a different type of milk only to those children in the “transition month”**, you will need to select **two types of milk** each time you plan a menu:

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Fluid Milk	
Mark as Favorite	Name
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<input type="checkbox"/>	Lactose-free skim milk
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<input type="checkbox"/>	Milk, fluid (in gallons)
<input checked="" type="checkbox"/>	Skim Milk
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