

BAGEL SNOWMAN



Ingredients

6 Mini-Bagels (1.5 ounces each)

11/2 Cups Hummus

1½ Cups Baby Carrots (about 24 baby carrots)

1 Celery Rib

30 Green Peas

12 Pretzel Sticks

Directions

- 1. Cut each mini-bagel in half.
- 2. Spread 2 Tbsp of hummus onto each half.
- 3. Use the carrots, celery ribs, peas and pretzel sticks to make the nose, scarf, button and arms.
- 4. Serve additional baby carrots on the side to fulfill the entire vegetable requirement.

Crediting

Provides a Grain/Bread and Vegetable at Snack.

Toddler: 1 Snowman + 4 Baby Carrots

Preschool: 1 Snowman + 4 Baby Carrots

School-Age: 2 Snowman + 4 Baby Carrots