

CELERY-STAMPED HEART SNACKS



Ingredients

- 4 Sheets Enriched Graham Crackers
- 4 Tablespoons Cream Cheese
- 4 Tablespoons Strawberry or Raspberry Jam*
- 2 Cups Celery Sticks

Directions

1. Spread cream cheese on each of the graham crackers.
2. Place graham crackers with cream cheese, celery and jam on each plate.
3. Dip the end of the celery stalk into the jam and stamp it onto the cream cheese to make hearts.
4. Enjoy!

Crediting

Provides a Grain/Bread and Vegetable at Snack.

Toddler:

1 Graham Cracker Sheet and ½ Cup Celery Sticks

Preschool:

1 Graham Cracker Sheet and ½ Cup Celery Sticks

School-Age:

2 Graham Cracker Sheets and ¾ Cup Celery Sticks

*Note: jam works better than jelly because it is thicker.