PUMPKIN PIE OATMEAL



1/2 Cup Milk

1 Cup Old-Fashioned Rolled Oats

Kosher Salt

1/4 Cup Canned Pumpkin

2 Tablespoons Brown Sugar, divided

1 Teaspoon Pumpkin Pie Spice

1 Teaspoon Ground Cinnamon

1 Tablespoon Cold Butter

1 Graham Cracker, crushed



Directions

- 1. In a medium saucepan over high heat, bring milk to a boil. Stir in oats and salt, reduce heat to low, and simmer until oats are tender and creamy, 5 minutes.
- 2. Meanwhile, in a small bowl, mix together canned pumpkin, 1 tablespoon brown sugar, and pumpkin pie spice.
- 3. Stir pumpkin mixture into the oatmeal and sprinkle with cinnamon.
- 4. In a small bowl, mix together butter, crushed graham cracker, and remaining 1 tablespoon brown sugar.
- 5. Serve oatmeal in a bowl topped with graham cracker topping.



Provides a Whole Grain-Rich Grain at Breakfast. Toddler & Preschool: ¼ Cup | School Age: ½ Cup