



STRAWBERRY LEMONADE POPSICLES

Ingredients

- 4½ Cups Strawberry Puree
- 2 Cups Lemonade
- 2 Tablespoons Sugar or Agave (optional for added sweetness)

Directions

1. In a blender, blend the strawberry puree and lemonade until smooth.
2. Add in sugar or agave as desired (may omit).
3. Pour into 8 ounce paper cups and freeze for 3-4 hours, or until completely firm.

Yield: 6 popsicles

NOTE: this DOES count for your daily juice serving.



Crediting

Provides a Fruit at Snack.
Toddler & Preschool & School Age: 1 Popsicle