

## RAINBOW PLACEMATS



### Materials

White 11x17 Paper  
Cupcake Liners  
Glue  
Markers or Crayons  
in the color of the rainbow

### Directions

1. Have children use markers or crayons to create a rainbow on their paper.
2. Glue two cupcake liners onto the paper, one at each end of the rainbow.
3. Once the glue is dry, fill one cupcake liner with cauliflower to represent a cloud. Fill the other cupcake liner with Cheerios to represent a pot of gold at the end of the rainbow.

### Crediting

Provides a Grain/Bread and Vegetable at Snack.

<b>Cheerios</b>	<b>Cauliflower</b>
<u>Toddler</u> ½ Cup	<u>Toddler</u> ½ Cup
<u>Preschool</u> ½ Cup	<u>Preschool</u> ½ Cup
<u>School Age</u> 1 Cup	<u>School Age</u> ¾ Cup

### Hints and Extended Learning Opportunities

- Read *The Day the Crayons Quit* by Drew Daywalt.
- Use household materials to build a Leprechaun Trap for St. Patrick's Day fun!
- Have children identify their favorite healthy foods that represent the colors of the rainbow.
- Sensory Fun with Magic Rainbow Foam: fill a bowl with shaving cream and mix in cake decorating sprinkles representing all colors of the rainbow.
- For younger children, draw rainbows ahead of time on paper to provide coloring sheets.