

FRESH RAINBOW PINWHEEL SANDWICHES









Ingredients

4 Large Tortillas (at least 1 ounce each)

²/₃ Cup Whipped Cream Cheese

1 Tablespoon Ranch Dressing Mix

1/2 Cup Thinly Sliced Red Bell Pepper Strips

1/2 Cup Thinly Sliced Carrot Strips

1/2 Cup Thinly Sliced Yellow Bell Pepper Strips

1 Cup Spinach Leaves

 $\frac{1}{2}$ Cup Shredded Purple Cabbage

12 Ounces Cooked Chicken (you can use rotisserie chicken or canned chunk chicken)

Directions

- 1. Mix together cream cheese and ranch dressing mix and spread evenly across all the tortillas
- 2. In each tortilla place 2 Tablespoons each of red bell pepper strips, carrot strips, yellow bell pepper strips and purple cabbage and 4 Tablespoons of spinach and 3 ounces of chicken.
- 3. Roll up each tortilla tightly. Cut crosswise in half to make pinwheels

Crediting

Provides a Grain/Bread, Meat/Meat Alternate and Vegetable at a Lunch/Supper.

Toddler
1 Pinwheel

Preschool 1 Pinwheel

School Age 2 Pinwheels

Adult 2. Dia 1.

2 Pinwheels