



# PIZZA BAGELS

January 15

National Bagel Day



## INGREDIENTS

- 3 Mini-Bagels (at least 14 grams each, enriched or whole grain)
- 6 Tablespoons Pizza Sauce
- 3 Ounces Shredded Mozzarella Cheese

## DIRECTIONS

1. Heat oven to 425 degrees.
2. Split mini bagels in half and spread each half with 1 tablespoon pizza sauce and ½ ounce of cheese.
3. Bake for 5-10 minutes or until cheese is melted.

## MEAL PATTERN CONTRIBUTION

-  Meat/Meat Alternate
-  Grain

## MEAL TYPE

-  Snack

## YIELD

6 Servings

## PORTION SIZES

Toddler	Preschool	School Age	Adult
1 Pizza Bagel	1 Pizza Bagel	2 Pizza Bagels	2 Pizza Bagels