



RANCH POPCORN

January 19

National Popcorn Day

INGREDIENTS

- 12 Cups Popcorn
- 1/3 Cup Melted Butter
- 1/4 Cup Parmesan Cheese
- 2 Tablespoons Ranch Salad Dressing Mix
- 1 Teaspoon Dried Parsley Flakes
- 1/4 Teaspoon Onion Powder

DIRECTIONS

1. Place the popcorn in an ungreased 13x9-in. baking pan. Combine the remaining ingredients; pour over popcorn and toss to coat.
2. Bake, uncovered, at 350° for 10 minutes or until lightly browned.

MEAL PATTERN CONTRIBUTION

 Grain

MEAL TYPE

 Snack

YIELD

8 Servings

PORTION SIZES

Toddler	Preschool	School Age	Adult
N/A Popcorn is a choking hazard	1½ Cups	3 Cups	3 Cups