

BREAKFAST NACHOS



February 24

National Tortilla Chip Day



INGREDIENTS

- 1 Pound Italian Pork Sausage
- 5 Eggs, Lightly Beaten
- 2 Tomatoes, Chopped
- 8 Ounce Package Tortilla Chips
- 1½ Cups Shredded Cheddar Cheese

DIRECTIONS

1. Preheat oven to 350 degrees.
2. Cook sausage in skillet, breaking it up with a spoon or spatula as it cooks. Once cooked through and no longer pink, remove with a slotted spoon to paper towels to drain.
3. Add your eggs to the same pan and scramble.
4. Layer tortilla chips on a baking sheet, top with sausage, egg and tomato mixture and cover with cheese.
5. Bake for 7-10 minutes or until cheese is melted.

MEAL PATTERN CONTRIBUTION

-  Meat/Meat Alternate
-  Grain

MEAL TYPE

 Breakfast

YIELD

8 Servings

PORTION SIZES

Toddler	Preschool	School Age	Adult
½ Cup	½ Cup	1 Cup	2 Cups