

PISTACHIO & PEACH TOAST



February 26

National Pistachio Day

INGREDIENTS

- ¼ Cup Cream Cheese
- ½ Teaspoon Cinnamon
- 4 Slices Bread
(at least 28 grams each, enriched or WGR)
- 2 Cups Sliced Peaches, Fresh or Canned
- ¼ Cup Chopped Pistachios

DIRECTIONS

1. Combine cream cheese and cinnamon in a small bowl.
2. Spread cream cheese mixture on toast and top each slice of toast with ½ cup of peaches and 1 tablespoon of pistachios.

MEAL PATTERN CONTRIBUTION

-  Grain
-  Fruit

MEAL TYPE

-  Snack

YIELD

4 Slices

PORTION SIZES

Toddler	Preschool	School Age	Adult
1 Slice	1 Slice	2 Slices	2 Slices