

SHEET PAN EGG IN A HOLE

February 23

National Toast Day



INGREDIENTS

- 12 Slices Bread (enriched or WGR)
- 12 Large Eggs
- Salt and Pepper (to taste)

DIRECTIONS

1. Preheat the oven to 400 degrees and spring a large jelly roll pan with non-stick spray.
2. Use a 2¼-inch biscuit cutter to cut a hole in the center of each slice of bread. Arrange the bread slices on the prepared pan.
3. Crack an egg into each hole and bake for 7½ to 10 minutes.

MEAL PATTERN CONTRIBUTION

-  Meat/Meat Alternate
-  Grain

MEAL TYPE

-  Lunch/Supper

YIELD

12

PORTION SIZES

Toddler	Preschool	School Age	Adult
1 Each	1 Each	2 Each	2 Each