

APPLE NACHOS



April 30

National Raisin Day

INGREDIENTS

- 6 Cups Apple Slices
- 2 Tablespoons Peanut Butter
- ½ Cup Raisins

DIRECTIONS

1. Arrange apple slices on a plate.
2. Melt the peanut butter in the microwave for 30 seconds and then drizzle over apple slices.
3. Sprinkle with raisins.

MEAL PATTERN CONTRIBUTION

 Fruit

MEAL TYPE

 Snack

YIELD

6 Cups

PORTION SIZES

Toddler	Preschool	School Age	Adult
½ Cup	½ Cup	¾ Cup	½ Cup