

# CUCUMBER TOMATO SANDWICHES



April 1

National Sourdough Bread Day



## INGREDIENTS

- 4 Teaspoons Cream Cheese
- 8 Slices Sourdough Bread (enriched, at least 1 oz each)
- 2 Cups Cucumber Slices
- 2 Cups Tomato Slices
- 1/8 Teaspoon Salt
- 1/8 Teaspoon Pepper

## DIRECTIONS

1. Spread 1 teaspoon cream cheese on each of four slices of bread.
2. Put 1/2 cup of cucumber and 1/2 cup of tomatoes on each of the four slices.
3. Sprinkle with salt and pepper and top with remaining bread.

## MEAL PATTERN CONTRIBUTION

-  Grain
-  Vegetable

## MEAL TYPE

-  Snack

## YIELD

4 Sandwiches

## PORTION SIZES

Toddler	Preschool	School Age	Adult
1/2 Sandwich	1/2 Sandwich	1 Sandwich	1 Sandwich