



# BREAKFAST PANCAKE GRILLED CHEESE

April 12

National Grilled Cheese Sandwich Day

## INGREDIENTS

- 1 Cup Pancake Mix (enriched or whole grain rich)
- ½ Cup Milk
- 5 Large Eggs
- 2 Teaspoons Butter
- 3 Ounces Sliced Cheese
- 3 Ounces Sliced Ham

## DIRECTIONS

1. Combine the pancake mix with the milk and 2 large eggs. Stir until just combined.
2. Heat a non-stick skillet over medium heat. Swirl one teaspoon of the butter into the pan.
3. Pour ¼ cup of the pancake mix and cook 3 to 4 minutes or until the edges are dry. Turn the pancake over and cook an additional 3 to 4 minutes or until golden brown. Remove to a plate, top with a clean kitchen towel, and keep warm.
4. Repeat with remaining batter.
5. Swirl one teaspoon of butter into the pan and cook the eggs.
6. Remove the eggs from the pan and place a pancake on the skillet. Top with cheese, eggs and ham and a second pancake. Cook 3-4 minutes on each side to melt the cheese. Repeat with remaining pancakes.

## MEAL PATTERN CONTRIBUTION

 Grain

## MEAL TYPE

 Breakfast

## YIELD

3 Sandwiches

## PORTION SIZES

Toddler	Preschool	School Age	Adult
¼ Sandwich	¼ Sandwich	½ Sandwich	1 Sandwich