



RANCH PRETZELS

April 26

National Pretzel Day

INGREDIENTS

• 1 Pound Mini Pretzels (enriched or whole grain)

- 1/2 Cup Melted Butter
- 1 Package Ranch Seasoning Mix

DIRECTIONS

- 1. Preheat oven to 275°. In a large bowl add the pretzels, butter, and ranch seasoning and stir until evenly coated.
- 2. Lay on a baking sheet. Bake for 20 minutes. Remove from oven and let cool completely. Serve.

MEAL PATTERN CONTRIBUTION

MEAL TYPE

YIELD

Grain



16 Servings

PORTION SIZES

Toddler	Preschool	School Age	Adult
7 Twists	7 Twists	14 Twists	14 Twists
About ⅓ Cup	About 1/3 Cup	About ¾ Cup	About ⅔ Cup