

WATERMELON FETA APPETIZER BITES



June 15

World Tapas Day



INGREDIENTS

- 7½ Cups Cubed Watermelon
- (1) 10 Ounce Package Feta Cheese
- ½ Cup Balsamic Vinegar
- 3 Tablespoons Honey
- Cocktail Skewers or Toothpicks

DIRECTIONS

1. In a small pot over medium heat, combine the vinegar and honey. Simmer until reduced by half, about 10 minutes.
2. Allow balsamic glaze to cool while assembling the bites.
3. Assemble bites by layering a tablespoon-sized cube of watermelon, then 2 teaspoons feta cheese, and then topping it with another cube of watermelon onto a cocktail skewer or toothpick.
4. Coat the bites in glaze before serving.

MEAL PATTERN CONTRIBUTION

-  Meat/Meat Alternate
-  Fruit

MEAL TYPE

-  Snack

YIELD

60 Bites

PORTION SIZES

Toddler	Preschool	School Age	Adult
4 Bites	4 Bites	6 Bites	6 Bites