



# FETA EGGS

May 11

National Brunch for Lunch Day

## INGREDIENTS

- 3 Tablespoons Butter
- ¾ Cup Chopped Onion
- 12 Eggs (beaten)
- ¾ Cup Chopped Tomatoes
- 6 Tablespoons Crumbled Feta Cheese
- Salt and Pepper (to taste)

## DIRECTIONS

1. Melt butter in a skillet over medium heat.
2. Saute onions until translucent.
3. Pour in eggs. Cook, stirring occasionally to scramble.
4. When eggs appear almost done, stir in chopped tomatoes and feta cheese, and season with salt and pepper.
5. Cook until cheese is melted.

## MEAL PATTERN CONTRIBUTION

 Meat/Meat Alternate

## MEAL TYPE

 Lunch/Supper

## YIELD

3 Cups

## PORTION SIZES

Toddler	Preschool	School Age	Adult
1/8 Cup	1/4 Cup	1/4 Cup	1/4 Cup