

# STRAWBERRY SALSA & TORTILLA CHIPS



May 20

National Pick Strawberries Day


## INGREDIENTS

- 5 Cups Strawberries (hulled and finely diced)
- 1 Jalapeno (stem/seeds removed, finely diced)
- 1 Cup Red Onion (finely diced)
- 1½ Cups Fresh Cilantro (finely-chopped)
- 2 (4 Tablespoons) Limes (juiced)
- Pinch of Salt and Black Pepper
- 4 Ounces Tortilla Chips (enriched or whole grain-rich)

## DIRECTIONS

1. Toss all ingredients together until combined.
2. Season with extra salt and pepper, if needed.
3. Serve with tortilla chips.

## MEAL PATTERN CONTRIBUTION

-  Fruit
-  Grain

## MEAL TYPE

-  Snack

## YIELD

6 Cups

## PORTION SIZES

Toddler	Preschool	School Age	Adult
½ Ounce Chips + ¾ Cup Salsa	½ Ounce Chips + ¾ Cup Salsa	1 Ounce Chips + 1 Cup Salsa	1 Ounce Chips + ¾ Cup Salsa