

CHEESY PARMESAN MOZZARELLA BITES

June 4

National Cheese Day

INGREDIENTS

- 1 Cup Shredded Mozzarella Cheese
- ¹/₂ Cup Grated Parmesan Cheese
- 1 Cup Panko Breadcrumbs

- 2 Large Eggs
- Salt and Pepper (to taste)
 - Fresh Parsley (optional)

DIRECTIONS

- 1. Preheat oven to 400° and line a baking sheet with parchment paper.
- 2. In a large bowl, combine mozzarella and parmesan cheese until well mixed.
- 3. In a separate bowl, whisk eggs with salt and pepper.
- 4. Form cheese mixture into golf ball-sized bites.
- 5. Dip each bite in the egg mixture, then roll in breadcrumbs until fully coated.
- 6. Place on the prepared baking sheet and bake for 15-20 minutes until golden brown.

MEAL PATTERN CONTRIBUTION	MEAL TYPE	YIELD
F Meat/Meat Alternate	🏷 Snack	12 Cheesy Bites

PORTION SIZES

Toddler	Preschool	School Age	Adult
1 Cheesy Bite	1 Cheesy Bite	2 Cheesy Bites	2 Cheesy Bites