

TERIYAKI CHICKEN CUCUMBER BOATS

June 14

National Cucumber Day

INGREDIENTS

- 4 Pounds (about 8 Medium-Sized) English Cucumbers (cut in 3, then sliced in half)
- 7 Cups Cooked Enriched White Rice
- 1 Pound Chicken, cooked, frozen, Diced or Pulled, no skin, wing meat, neck meat, giblet, or kidney
- 1 Cup Teriyaki Sauce
- Sriracha Sauce
- Sriracha Mayo (optional)
- Everything Bagel Seasoning (optional)

DIRECTIONS

- 1. Wash the cucumber thoroughly and cut it in half lengthwise, with a small spoon, scoop out the seeds from each cucumber half, and use a paper towel to pat the inside of the cucumber halves dry.
- 2. Take ¹/₃ cup of cooked rice and gently press it inside each cucumber half.
- 3. Place about 1 tablespoon of cooked chicken on top of the rice in each cucumber half, and gently press the chicken down to ensure it stays in place.
- 4. If desired, drizzle some sriracha sauce on top of the stuffed cucumber boats for added flavor, you can also add a dollop of sriracha mayo and a sprinkle of everything bagel seasoning.

MEAL PATTERN CONTRIBUTION

Meat/Meat Alternate
Vegetable
Grain

MEAL TYPE

YIELD

- C- Lunch/Supper

24 Boats

PORTION SIZES

Toddler	Preschool	School Age	Adult
2 Boats	3 Boats	4 Boats	4 Boats