

Report Printed 06/26/2025

| Date Served | Meal      | Food Item   | 0-5 mo   | 6-11 mo    |
|-------------|-----------|---|----------|------------|
| 05/05/2025  | Breakfast | Breast Milk/Iron-Fortified Formula                            | 4-6 oz   | 6-8 oz     |
|             |           | Eggs, both yolk and white                                     | 0 Tbsp   | 0-4 Tbsp   |
|             |           | Blueberries   |          | 0-2 Tbsp   |
|             | Lunch     | Breast Milk/Iron-Fortified Formula                            | 4-6 oz   | 6-8 oz     |
|             |           | Beans (Legumes)   | 0 Tbsp   | 0-4 Tbsp   |
|             |           | Peaches   | 0 Tbsp   | 0-2 Tbsp   |
|             | PM Snack  | Breast Milk/Iron-Fortified Formula                            | 4-6 oz   | 2-4 oz     |
|             |           | Zucchini Squash   | 0 Tbsp   | 0-2 Tbsp   |
|             |           | Pancake   | 0 1/4 oz | 0-1 1/4 oz |
| 05/06/2025  | Breakfast | Breast Milk/Iron-Fortified Formula                            | 4-6 oz   | 6-8 oz     |
|             |           | Mandarin Oranges  | 0 Tbsp   | 0-2 Tbsp   |
|             |           | Infant Oatmeal Cereal, iron-fortified                         |          | 0-4 Tbsp   |
|             | Lunch     | Breast Milk/Iron-Fortified Formula                            | 4-6 oz   | 6-8 oz     |
|             |           | Beef  | 0 Tbsp   | 0-4 Tbsp   |
|             |           | Sweet Potatoes  | 0 Tbsp   | 0-2 Tbsp   |
|             | PM Snack  | Breast Milk/Iron-Fortified Formula                            | 4-6 oz   | 2-4 oz     |
|             |           | Mandarin Oranges  | 0 Tbsp   | 0-2 Tbsp   |
|             |           | Infant Puffs Cereal Snacks, 6g of sugar or less per dry ounce | 0 Tbsp   | 0-5 Tbsp   |
| 05/07/2025  | Breakfast | Breast Milk/Iron-Fortified Formula                            | 4-6 oz   | 6-8 oz     |
|             |           | Yogurt, 23g or less sugar per 6 oz                            | 0 oz     | 0-4 oz     |
|             |           | Applesauce  |          | 0-2 Tbsp   |
|             | Lunch     | Breast Milk/Iron-Fortified Formula                            | 4-6 oz   | 6-8 oz     |
|             |           | Chicken   | 0 Tbsp   | 0-4 Tbsp   |
|             |           | Strawberries  | 0 Tbsp   | 0-2 Tbsp   |
|             | PM Snack  | Breast Milk/Iron-Fortified Formula                            | 4-6 oz   | 2-4 oz     |
|             |           | Pears   |          | 0 Tbsp     |
|             |           | Waffle  |          | 0-0.6 oz   |
| 05/08/2025  | Breakfast | Breast Milk/Iron-Fortified Formula                            | 4-6 oz   | 6-8 oz     |
|             |           | Applesauce  |          | 0-2 Tbsp   |
|             |           | Infant Oatmeal Cereal, iron-fortified                         |          | 0-4 Tbsp   |
|             | Lunch     | Breast Milk/Iron-Fortified Formula                            | 4-6 oz   | 6-8 oz     |
|             |           | Sausage, ground or finely chopped                             |          | 0-4 Tbsp   |
|             |           | Carrots   | 0 Tbsp   | 0-2 Tbsp   |
|             | PM Snack  | Breast Milk/Iron-Fortified Formula                            | 4-6 oz   | 2-4 oz     |
|             |           | Pineapple   | 0 Tbsp   | 0-2 Tbsp   |
|             |           | Snack Crackers  | 0 1/4 oz | 0-1 1/4 oz |