



PASSION FRUIT SALAD

August 9

National Passion Fruit Day

INGREDIENTS

- 4 Cups Diced Pineapple
- 4 Cups Diced Cantaloupe
- 2 Cups Diced Mango
- 2 Cups Diced Granny Smith Apple
- 3 Cups Diced Kiwi
- 3 Cups Deseeded Pomegranate
- 1 Cup Passion Fruit Pulp
- Orange Juice (to cover)

DIRECTIONS

1. Dice the fruits into small, even cubes. Combine all diced fruit in a bowl.
2. Pour enough orange juice to cover entire salad. This step will ensure that the fruits will stay juicy and crisp.

MEAL PATTERN CONTRIBUTION

 Fruit

MEAL TYPE

 Snack

YIELD

19 Cups

PORTION SIZES

Toddler	Preschool	School Age	Adult
½ Cup	½ Cup	¾ Cup	½ Cup