



STRING CHEESE TAQUITOS

September 19 National String Cheese Day

INGREDIENTS

- 6 Tortilla, Soft, Corn (about 5 ½") (enriched or whole grain-rich)
- (3) 1 Ounce String Cheese

- Spray Oil
- Guacamole (optional, for dippping)
 - Salsa (optional, for dipping)

DIRECTIONS

- 1. Preheat air fryer to 375°.
- 2. Cut each string cheese stick in half, lengthwise
- 3. Roll each piece of string cheese into tortilla.
- 4. Lightly spray air fryer basket with oil and place each taquito seam-side down into basket.
- 5. Air fry for 4-5 minutes on each side or until tortilla is crisp and lightly golden.
- 6. Serve with salsa or guacamole for dipping.

MEAL PATTERN CONTRIBUTION

MEAL TYPE

YIELD

Meat/Meat Alternate **G**rain

Snack

6 Taquitos

PORTION SIZES

Toddler	Preschool	School Age	Adult
1 Taquito	1 Taquito	2 Taquitos	2 Taquitos