

OCTOBER 2025 *Breakfast Menus*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 WGR Granola Yogurt Mixed Berries Milk	2 WGR Kix Tropical Fruit Milk	3 Breakfast Taco Scramble* Milk 	National Taco Day 4
5	6 WGR Waffles Strawberries Milk	7 WGR English Muffins Mandarin Oranges Milk	8 Cheesy Grits Banana Milk	9 Rice Krispies Nectarines Milk	10 WGR Bagel Hummus (CN) Milk	11
12	13 WGR Banana Bread Honeydew Melon Milk	14 Turkey Sausage Croissant Orange Slices Milk	National Schwarma & Mushroom Day 15 Mushroom Egg Toast* Milk 	World Food Day 16 Bell Pepper & Cheese Egg Cups* Milk 	17 WGR Pancakes Mango Milk	18
19	20 WGR Vanilla Chex Plums Milk	21 WGR Biscuits and Gravy Blackberries Milk	22 WGR Avocado Toast Milk	23 WGR French Toast Sticks Applesauce Milk	24 WGR Cheerios Raspberries Milk	25
National Pumpkin Day 26	27 Easy Pumpkin Muffins* Banana Milk 	28 Crescent Rolls Papaya Milk	National Oatmeal Day 29 Apple Cinnamon Oatmeal* Blueberries Milk 	30 WGR Flour Tortilla Eggs Hashbrowns Milk	31 WGR Wheaties Watermelon Milk	

Notes: 1 year olds receive unflavored whole milk; 2-5 year olds receive unflavored skim or 1% milk; 6 years and older receive unflavored or flavored skim or 1% milk. Fluid milk substitutes may be served with appropriate documentation. Juice is 100%. WGR indicates whole grain-rich. This institution is an equal opportunity provider. *Find CACFP-creditable recipe on myfoodprogram.com.