

OCTOBER 2025 *Snack Menus*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Soft Pretzel String Cheese	2 National Kale Day Garlic Parmesan Kale Chips* Milk 	3 WGR Wheat Thins 100% Grape Juice	4
5	6 Cottage Cheese Pears	7 WGR Snack Mix 100% Fruit Punch	8 WGR Goldfish Crackers Milk	9 Rice Cakes Sunflower Butter	10 Snap Peas Cheese Cubes	11
12	13 National Yorkshire Pudding Day Easy Yorkshire Pudding* Milk 	14 Yogurt Raspberries	15 WGR Animal Crackers Milk	16 WGR Triscuits Grapes	17 National Pasta Day Crunchy Pasta Chips* 100% Apple Juice 	18
19	20 Edamamae Hummus (CN)	21 WGR Goldfish Grahams Blueberries	22 National Nut Day Sweet & Spicy Roasted Nut Mix* Milk 	23 WGR Zucchini Bread Milk	24 Puff Pastry Cheese Twists* Milk 	25 National Breadstick Day
26	27 Ritz Crackers Bell Pepper Sticks	28 Blueberry Muffin Cherries	29 Oyster Crackers Craisins	30 WGR Popcorn Milk	31 Raisins Celery Sunflower Butter	

Notes: 1 year olds receive unflavored whole milk; 2-5 year olds receive unflavored skim or 1% milk; 6 years and older receive unflavored or flavored skim or 1% milk. Fluid milk substitutes may be served with appropriate documentation. Juice is 100%. WGR indicates whole grain-rich. This institution is an equal opportunity provider. *Find CACFP-creditable recipe on myfoodprogram.com.