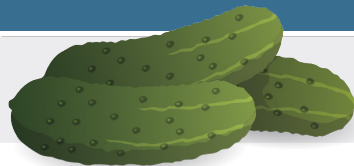


HAM & PICKLE ROLL UPS



November 14

National Pickle Day

INGREDIENTS

- 8 Whole Baby Dill Pickles
- 8 Ounces Cream Cheese
- 8 Slices Deli Ham (½ ounce each; without binders, filler or extenders)
- 2 Teaspoons Ranch Seasoning

DIRECTIONS

1. In a medium bowl, combine the cream cheese and ranch seasoning.
2. Pat the pickles and ham slices dry with a paper towel.
3. Lay out a ham slice on a clean surface like a cutting board or baking sheet covered with parchment paper.
4. Spread ⅓ (roughly 1-2 tablespoons) over the whole slice of ham, making sure to get all the way to the edges.
5. Place one pickle at one end of the ham slice and roll the pickle up tightly.
6. Continue with the remaining pickles, ham, and cream cheese.
7. Cover and refrigerate for 15-20 minutes to firm up the cream cheese.

MEAL PATTERN CONTRIBUTION

 Meat/Meat Alternate

MEAL TYPE

 Snack

YIELD

8 Roll Ups

PORTION SIZES

Toddler	Preschool	School Age	Adult
1 Roll Up	1 Roll Up	2 Roll Ups	2 Roll Ups