



TATER TOT NACHOS

November 6 National Nachos Day

INGREDIENTS

- 32 Ounces Frozen Tater Tots
- 1 Pound Ground Beef (20% or leaner)
- 2 Tablespoons Taco Seasoning
- 8 Ounces Shredded Cheese

- ¼ Cup Sour Cream
- ⅓ Cup Pico de Gallo
 - ½ Cup Sliced Black Olives
 - 2 Tablespoons Diced Cilantro

DIRECTIONS

- 1. Prepare tater tots according to package.
- 2. While they are baking, cooking your ground beef with a package of taco season, or my homemade taco seasoning, until beef is browned and cooked through. Set aside.
- 3. Once tots are done cooking, removed from oven (but keep oven on) and top with cooked beef and cheese. Pop back in the oven until cheese is melted. Removed from oven and top with sour cream, pico de gallo, olives and cilantro.

MEAL PATTERN CONTRIBUTION

MEAL TYPE

YIELD

Meat/Meat Alternate

Snack

8 Cups

Vegetable

PORTION SIZES

Toddler	Preschool	School Age	Adult
³ / ₄ Cup	³¼ Cup	1 Cup	³¼ Cup