

January 2026

BREAKFAST MENUS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 WGR Waffles Pears Milk	2 WGR Granola Yogurt Blackberries Milk	3
4 WGR Cheerios Plums Milk	5	6 Scandinavian Smørrebrød* Banana Milk	7 WGR Flour Tortilla Eggs Pineapple Milk	8 WGR Pancakes Mango Milk	9 WGR French Toast Sticks Apples Milk	10
11 WGR Wheaties Kiwi Milk	12	13 WGR English Muffins Eggs Grapes Milk	14 Cheesy Grits Banana Milk	15 Icelandic Skyr with Berries and Honey* Milk	16 WGR Banana Bread Honeydew Melon Milk	17
18 WGR Avocado Toast Milk	19	20 WGR Vanilla Chex Mixed Berries Milk	21 Bircher Muesli* Milk	22 WGR Biscuits and Gravy Apricots Milk	23 Turkey Sausage Hashbrowns Milk	24
25	26 Swedish Raggmunk* WGR Toast Milk	27 WGR Honey Bunches of Oats Crunch Nectarines Milk	28 WGR Bagel Hummus (CN) Milk	29 WGR Pumpkin Bread Cantaloupe Milk	30 WGR Blueberry Muffins Fruit Cocktail Milk	31

Notes: 1 year olds receive unflavored whole milk; 2-5 year olds receive unflavored skim or 1% milk; 6 years and older receive unflavored or flavored skim or 1% milk. Fluid milk substitutes may be served with appropriate documentation. Juice is 100%. WGR indicates whole grain-rich. This institution is an equal opportunity provider. *Find CACFP-creditable recipe on myfoodprogram.com.