

May 2026

LUNCH/SUPPER MENUS

Central America



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Pupusas Revueltas* Coleslaw Pineapple Milk	2
3	4 Orange Chicken WGR Brown Rice Beets Papaya Milk	5 Bean & Cheese Burrito WGR Flour Tortilla Green Beans Banana Milk	6 Chicken Fettuccine Alfredo WGR Pasta Spinach Salad Peaches, Milk	7 Cheeseburger WGR Bun French Fries Pickle Milk	8 Turkey Ham Sandwich WGR Bread Mixed Vegetables Nectarines Milk	9
10	11 Pan Fried Fish with Plantain Chips* Cantaloupe WGR Roll Milk	12 Beef Tacos WGR Tortilla Garden Salad Clementines Milk	13 Chicken Nuggets (CN) Tater Tots Honeydew Melon WGR Roll Milk	14 BBQ Beef WGR Bun Sweet Potato Fries Mixed Fruit Milk	15 Macaroni & Cheese WGR Pasta Wax Beans Blackberries Milk	16
17	18 Chef Salad with Ham WGR Soft Breadstick Milk	19 Pulled Pork Sliders WGR Bun Peas Watermelon Milk	20 Baked Fish Fillet Carrots Tropical Fruit WGR Roll Milk	21 Carne Asada* Cucumber Slices Sliced Bell Pepper WGR Flour Tortilla Milk	22 Shrimp and Broccoli Orange Slices WGR Brown Rice Milk	23
24 31	25 Chicken Patty (CN) WGR Bun Mashed Potatoes Baked Beans Milk	26 Corn & Beef Casserole* Carrots, Raspberries WGR Cornbread Milk	27 Grilled Cheese Sandwich WGR Bread Asparagus, Pears Milk	28 Red Beans and WGR Brown Rice Collard Greens Plums Milk	29 Corndog (CN) Peas & Carrots Grapes WGR Biscuit Milk	30

Notes: 1 year olds receive unflavored whole milk; 2-5 year olds receive unflavored skim or 1% milk; 6 years and older receive unflavored or flavored skim or 1% milk. Fluid milk substitutes may be served with appropriate documentation. Juice is 100%. WGR indicates whole grain-rich.

This institution is an equal opportunity provider. *Find CACFP-creditable recipe on myfoodprogram.com.

