



## INGREDIENTS

- 8 Cups Tomatoes (peeled and finely chopped)
- ½ Cup Jalapeño Peppers (optional)
- 4 Cups Onion (finely chopped)
- 1 Cup Fresh Cilantro (chopped)
- 4 Teaspoons Garlic (minced)
- ½ Cup Olive Oil
- ¼ Cup Red Wine Vinegar
- Salt and Pepper (to taste)

## DIRECTIONS

1. Place all of the chopped ingredients in a bowl.
2. Add the minced garlic.
3. Add the olive oil, red wine vinegar, salt and pepper.
4. Serve at room temperature and enjoy.

## MEAL PATTERN CONTRIBUTION

 Vegetable

## MEAL TYPE

 Snack

## YIELD

12 Cups

## PORTION SIZES

**Toddler:** ½ Cup

**Preschool:** ½ Cup

**School Age:** ¾ Cup

**Adult:** ½ Cup