

July 2026

LUNCH/SUPPER MENUS

South America



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Chivito* Tater Tots Mandarin Oranges Milk	2 Beef Tacos Garden Salad Tomato Slices WGR Flour Tortilla Milk	3 Tuna Salad Sandwich Cucumber Cherries WGR Bread Milk	4
5	6 Chicken Caesar Salad Mixed Fruit WGR Roll Milk	7 Cheese Pizza Coleslaw Watermelon Milk	8 Sloppy Joe Baked French Fries Nectarines WGR Bun Milk	9 Chicken Nuggets (CN) WGR Brown Rice Broccoli Peaches Milk	10 Bean & Cheese Burrito Refried Beans Mixed Berries WGR Flour Tortilla Milk	11
12	13 Soy Nut Butter & Jelly Sandwich Peas & Carrots Apple Slices WGR Bread Milk	14 Brazilian Feijoada (Black Bean Stew)* Baby Carrots Strawberries WGR Crackers Milk	15 Grilled Chicken Breast Kale Salad Fruit Cocktail WGR Brown Rice Milk	16 WGR Macaroni & Cheese Green Beans Mango Milk	17 Beef Nachos Lettuce, Tomato Grapes WGR Tortilla Chips Milk	18
19	20 Peruvian Chicken* Peas Corn WGR Roll Milk	21 Deli Turkey Sandwich (CN) Cheese Cauliflower, Papaya WGR Bread, Milk	22 Hot Dog (CN) Baked Beans Mandarin Oranges WGR Bun Milk	23 WGR Spaghetti and Meat Sauce Mushrooms Pears Milk	24 Cheese Quesadilla Corn Plums WGR Flour Tortilla Milk	25
26	27 Salisbury Steak (CN) Sweet Potato Fries Broccoli WGR Roll Milk	28 Fish Fillet Mashed Potatoes Pears WGR Brown Rice Milk	29 Meatball Sub (CN) Sliced Bell Pepper Orange Slices WGR Hoagie Roll Milk	30 Venezuelan Avocado Chicken Salad* Tropical Fruit WGR Bun Milk	31 Corn Dog (CN) Wax Beans Mixed Fruit WGR Roll Milk	

Notes: 1 year olds receive unflavored whole milk; 2-5 year olds receive unflavored skim or 1% milk; 6 years and older receive unflavored or flavored skim or 1% milk. Fluid milk substitutes may be served with appropriate documentation. Juice is 100%. WGR indicates whole grain-rich.

This institution is an equal opportunity provider. *Find CACFP-creditable recipe on myfoodprogram.com.

