

September 2026

BREAKFAST MENUS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 WGR Blueberry Muffin Mandarin Oranges Milk	2 Masala French Toast* Mixed Fruit Milk	3 WGR Pancakes Cottage Cheese Strawberries Milk	4 WGR Frosted Mini Wheats Tropical Fruit Milk	5
6 Croissants Fruit Cocktail Milk	7	8 Scrambled Eggs Pineapple WGR Toast Milk	9 WGR Oatmeal Banana Milk	10 Yogurt Blueberries WGR Granola Milk	11 Indian Omelette* Milk	12
13 WGR Banana Bread Apple Slices Milk	14	15 Pol Roti* Apricots Milk	16 WGR Vanilla Chex Oranges Milk	17 WGR French Toast Sticks Cantaloupe Milk	18 Turkey Sausage Hashbrowns Milk	19
20 WGR Kix Watermelon Milk	21	22 WGR Waffles Kiwi Milk	23 WGR Avocado Toast Milk	24 Cheesy Grits Grapes Milk	25 WGR Wheaties Pear Milk	26
27 Mango Lassi Overnight Oats WGR* Peaches Milk	28	29 WGR Toast Soy Nut Butter Mango Milk	30 WGR Cheerios Applesauce Milk			

Notes: 1 year olds receive unflavored whole milk; 2-5 year olds receive unflavored skim or 1% milk; 6 years and older receive unflavored or flavored skim or 1% milk. Fluid milk substitutes may be served with appropriate documentation. Juice is 100%. WGR indicates whole grain-rich. This institution is an equal opportunity provider. *Find CACFP-creditable recipe on myfoodprogram.com.