

September 2026

LUNCH/SUPPER MENUS

South Asia



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Chicken Biryani* Cantaloupe WGR Roll Milk	2 Deli Turkey Sandwich (CN) Zucchini Fries Watermelon WGR Bread Milk	3 Cheese Quesadilla Green Beans Banana WGR Tortilla Milk	4 Chicken Tenders (CN) Mashed Potatoes Mango WGR Roll Milk	5
6	7 WGR Mac & Cheese Mixed Vegetable Plums Milk	8 Ground Turkey Tacos Corn Peaches WGR Flour Tortilla Milk	9 Red Lentil Dahl* Apple Slices WGR Biscuit Milk	10 Fish Sticks (CN) Snap Peas Baked French Fries WGR Roll Milk	11 Beef Stir Fry Bell Peppers Tangerines WGR Brown Rice Milk	12
13	14 Mango Curry Chicken* Cucumber Slices WGR Biscuit Milk	15 Tuna Salad Sandwich Wax Beans Raspberries WGR Bread Milk	16 Sloppy Joe Potato Wedges Garden Salad WGR Bun Milk	17 Red Beans and WGR Brown Rice Green Beans Plums Milk	18 WGR Pesto Pasta Grilled Chicken Cherry Tomatoes Strawberries Milk	19
20	21 Hot Dog (CN) Tater Tots Broccoli WGR Bun Milk	22 Baked Chicken Collard Greens Carrots WGR Roll Milk	23 Turkey Ham Sandwich Spinach Salad Dragon Fruit WGR Bread Milk	24 Paneer Pizza* Cauliflower Tropical Fruit Milk	25 Grilled Cheese Sandwich Tomato Soup Sweet Potato Fries WGR Bread, Milk	26
27	28 Cheeseburger Mixed Vegetables Blackberries WGR Bun Milk	29 Bean and Cheese Burrito Beets, Mango WGR Flour Tortilla Milk	30 Chicken Alfredo Peas and Carrots Fruit Cocktail WGR Pasta Milk			

Notes: 1 year olds receive unflavored whole milk; 2-5 year olds receive unflavored skim or 1% milk; 6 years and older receive unflavored or flavored skim or 1% milk. Fluid milk substitutes may be served with appropriate documentation. Juice is 100%. WGR indicates whole grain-rich. This institution is an equal opportunity provider. *Find CACFP-creditable recipe on myfoodprogram.com.

