



INGREDIENTS

- 9 Cups Farmers Cheese*
(or Cottage Cheese)
- 3 Cups Sour Cream or
Creme Fraiche
- Granulated Sugar (for sprinkling)

DIRECTIONS

1. Place the farmers cheese (or cottage cheese) in a shallow bowl or on a plate based on the portion sizes below. Using a fork or a small spoon break it up and spread it out onto the surface of the plate.
2. Spoon the sour cream all over the farmers cheese (or cottage cheese). Use about $\frac{1}{3}$ the amount you used for the farmers/cottage cheese, or to taste.
3. Sprinkle with sugar.

MEAL PATTERN CONTRIBUTION

 Meat/Meat Alternate

MEAL TYPE

 Breakfast

YIELD

12 Cups

PORTION SIZES

Toddler: $\frac{1}{8}$ Cup Farmers or Cottage Cheese

Preschool: $\frac{1}{8}$ Cup Farmers or Cottage Cheese

School Age: $\frac{1}{4}$ Cup Farmers or Cottage Cheese

Adult: $\frac{1}{2}$ Cup Farmers or Cottage Cheese

**Be sure that the product label does not include the words "cream cheese", "cheese product" or "imitation cheese".*